

Sorry!

No trick or treating here

Some people find this spooktacular holiday tough and can become anxious or nervous when mini-monsters come knocking. Some might just not feel very spooky this year!

**Thank you for
respecting my
decision not to
be involved in
Halloween
celebrations.**

Have fun!



If you would like to know why some people are opting out of Halloween this year, visit: fossehealthcare.co.uk/halloween.